



BSL Swim-For-Life

Benefiting BSL Swim Team & The Make-a-Wish Foundation

WELCOME TO THE SIXTH ANNUAL BSL SWIM-FOR-LIFE EVENT. This event is a fun time for our swimmers while (1) raising money for the TEAM, (2) allowing families to receive fundraising credit towards their fundraising requirement, **AND** (3) supporting a worthy charity, The Make-a-Wish Foundation.

WHO: **All BSL swimmers are expected to participate.** The GOAL is for each family to raise at least \$100 in donations. (Please see the PRIZE page for information regarding credit toward a swimmer's fundraising requirement.)

WHAT: Swimmers ask individuals and businesses to make a donation to support the swimmer as he/she swims their Group's lap goal. Our Coaches have set group goals which they feel are attainable and will help each swimmer achieve their goal.

Senior I & II:	200 laps or 5,000 yards
Gold:	200 laps or 5,000 yards
Silver:	150 laps or 3,750 yards
Bronze:	66 laps or 1,650 yards
Green:	32 laps or 800 yards

WHEN: Saturday, February 6, 2010***

****Make-up day for swimmers unable to attend on Feb. 6th will be during their regular practice the following week on Sat. Feb. 13th.*

WHERE: Wald Park Pool, Vestavia

HOW: Ask friends, relatives, co-workers, teachers, and others who you know to support your swimmer(s) in this effort. Share with them about BSL. Share with them about your swimmer. Share with them about The Make-a-Wish Foundation. Share with them that their donation is tax-deductible. Think about asking businesses to match what you raise. **GOOD LUCK!!**

SUPPORT YOUR TEAM and GROUP!